Thank you for registering you child with the Ashland Youth Indoor Soccer League.

With a few modifications, your child will be playing futsal, which is a little different that outdoor soccer, and very different from other indoor experiences.

First:

A futsal ball is a low bounce ball that forces players to use teammates and individual ball skill to advance the play to the goal. Team work is very important in this game.

Second:

The game is very fast paced. Endurance and stamina are necessary.

Third:

This type of game is used to improve performance on many levels. Players must make fast decisions and solve problems using intuition.

Player Equipment and Game Day Concerns:

The players must wear the following in order to play the game:

tennis shoes or indoor shoes (no black soles) skin guards shorts

white tee shirt (unless the team has an approved color to wear)

No one may bring a ball to the games.

Players may warm up in the hallways before games, but no soccer balls. No skateboarding or other unauthorized recreational activities will be allowed. Anyone who violates normal school rules will be asked to leave the premises.

We are guests. In order to continue to be permitted to use the gym space, everyone must treat the facilities and the league representatives with respect.

Division I players will be given a snack and a drink after the games.

Practices are optional. However, teams that are registered with travel/ club teams should expect to have practice and following the rules of their respective clubs.

Your coach should be contact with you soon.

Please understand that this is a busy time for everyone and not all coaches will be able to contact everyone in a timely manner.

Coaches contact information is listed near the end of this document.

Player Rosters, Contact Information, Rules, Game Schedule, and Practice Schedules are listed below. Some of these items may change.

NO GAMES ON SUPERBOWL SUNDAY

Inclement Weather

The weather hotline is 257-0722

Please call this numbe when you are in doubt about game times and weather conditions.

If the schools close early on Friday, or if they cancel school on Friday, then all games and practices will be cancelled. However, if schools do not close, then it is up to the Ashland Youth Soccer League Board to decide the probability of safe travel.

If the Hanover School Board cancels weekend activities, then all events are cancelled, including indoor soccer.

Please keep the hotline number handy, so that you can stay informed about game days.

There will be no make up days for games or practice. After February, the indoor futsal experience will be over.

Schedule

1-Jan

This is an open day for practice

It is not a mandatory day for participation.

If possible, please contact your coach if you will not be there.

8-Jan

This is the official beginnin of the futsal experience.

Players will have brief/ informal practice or warm up then scrimmage.

This is the last day for any major changes.

Practice

Most recreational teams will not practice.

Practice is not mandatory for participation in the game.

It is the option of the team and/or the coach to practice.

It is recommended that ALL travel teams take advantage of the practice schedule during the winter season.

15-Jan

First day of games begin. All games will end on-time.

To ensure that your child gets the proper experience, please make sure that s/he arrives in enough time to warm up and play the game as scheduled.

There will be no extensions to game time.

It takes approximately 15 minutes to properly warm up for a game.

Warm ups are not necessary for U-10 players, but it is helpful to start the routine.

We understand that not all concerns may have been addressed above.

If you have any questions please call (752-2895) or e-mail (dmcgraw@hcps.us) Daniel McGraw at your earliest convenience to address any of your concerns.

Divisions

Division I			
Hill	Mallory	Rob	Dull
Carter	Mallory	Thomas Chipman	Bass
Brendan	Chaulklin	Sierra	Simmons
Clayton	Vauaghn	James	Ball
Michael	Anthony, III		Dull
Blake Boschen		Zachary	Gilman
Jason	Cowan	Spence/	Sweet
Andrew	Brusherd	Carter	Spence
Victoria	McGraw	J.D.	Kuchta
Sarah	O'Connor	Cameron	Bassett
Brice	Moyer	Mackenzie	Sweet
	Julia Cowan	Danny	Michalak
		Corinna	Cline
		Bryan	Samuel

<u>Division II</u>				
Scott	Simmons	sergio	sergi	
Savannah	Simmons	Peter	Moberg	
Joshua	Doss	Logan	Bulthuis	
Conner	Dawson	Nathan	McIlwaine	
Jonathan	Anthony	zachary	sergi	
Caroline	O'Brien	Nicholas (Nick)	Gulas	
Emilie	Saksvig	Seth	Gulas	
COLBY	BURKE	Caleb	Childress	
Bob	Brown	Brusherd	Fulk	
Scott	Toms	Jake	Joseph	
keith	Jackson	Allison	Hatz	
Taylor	Leahy	Caitlyn	Brusherd	
Zac	Bilbao	David Griffin	Aderhold II	
Madison	Brown	Jeremey	Austin	
Justin	Sikkar	Paige	Condrey	
Tyler	Sikkar	Sydney	Poyner	
Annika	Cline	Emily	Fulk	

Division III				
Paul Doss		Powell	Herbert	
Logan	Harrington	Giselle	Albert	
Madison	Doss	Emily	Kurtzweil	
Victoria	Doss	Bailey	Herbert	
McKenzie	Licata	Lyndsey	Cox	
Nicole	McGraw	Brooke	Tyson	
Maddie	Miles	Chelsea	Matthews	
Melissa	Bresko	Devin	Garcia	
Leah	Goggin	Ellie	McDade-Nelson	
		Jamie	Moss	
		Hannah	Fallin	
Scot	Henry	Paul Doss		
Shane	Henry	Rafael	Magnant	
Brandon	Keeney	Lorenzo	Bilbao	
James	Tormey	Jeremy	Patterson	
Nicholas	Anthony	Jacob	Dixon	
Colby	Austin	Campbell	Mills	
Christopher	Hughes	Reese	Maceda	
Luke	Gomola Mullin	Seyi	Olusina	
Justin	Traylor			
Christopher	Novak			

	Division	IV Rec Boy	<u>s</u>
Bradley		Caroline	
McIlwaine/	Nayda	Ed	Fallin
Benjamin	McIlwaine	Bryce	Bowles
Nathan	Nayda	Isaac	Waggoner
Dickson	Barry		
Billy	Nayda		
Tristan	Jacobsen		
Patrick	Dawson		
Samuel	Cochran		
Josh	Traylor		
James (Jim)	Hibbits		
Tyrrone	Smith		

Division IV Girls				
Cenname	Sportelli	Mike	Ambrogi	
Kelsey	Hoffman	Rebecca	Modzelewski	
Kate	Gibson	Jenna	Hoover	
Taylor	Hoy	Shelby	Maceda	
Laura	Guthrie	Brittany	McGraw	
Tiel	Westbrook	anna	riccio	
angelina	sportelli	Nicole	Albert	
vittoria	sportelli	Sarah	Goggin	
Juliana	Moore	Jennifer	Moss	
Asia	Malcolm			
Ordogne	stramaglia	Redden/	Donnini	

Ordogne	stramaglia	Redden/	Donnini
Taylor	Culley	Andrea	Redden
maria	piccolomini	Elizabeth	Donnini
Nicole	Shelton	Kimbery	Glymph
Meredith	Driggs	Courtney	Booth
Amanda	Ordogne	lindsey	grizzard
Ashley	stramaglia	Shannon	Fulk
Lauren	stramaglia	Emma	Harrington

	<u>Divisi</u>	<u>Division V Girls</u>		
Coach	Sinanian	Ramon	Pardue 1	
Cynthia	Pantaleo	Darci	Bohmer	
Amanda Iena Melanie Anna Timolee Lauren	Dole Sinanian Sinanian Wright Bartlett Moss	Alma Sara Kristen Katelyn Cameron melissa	Hendrick Duvall Mierzejewsk Thacker rIDDICK davis	
Paul mary	Mack riccio	Ramon kelsey	Pardue 2	
Sarah Anne	Wells	Ashley	Edmunds	
Kelcee Cari Christine Marissa Meredith Shron	Coleman Tretina Drinkard McDaniel Shelton Nye	Marie Elizabeth Lauren Katherine Grace Katherine	Dunlap Olberding Paugh Nelson Seal Mack	

<u>Divisior</u>	ı V Boys
Dwayne	Murphey
Matt	Joyce
Kevin	Meyers
Jeremy Michael	Luther
Cody	Murphy
Scott	Sherrod
Brian	Schermerhorn
JAMES M.M.	BUCHANAN II
Patrick	Cassells
Skip	Eby
matthew	eby
zach	Stocks
philip	eby
Tyler	Woods
Dylan	Pack
Josh MacDonald	
Tyler Minix	
Philip	Smith
Travis	Mulford
TTAVIS	Mullora
Rick	Duke
Neil	Harman
Joshua	Beazley
Bryce	Cocke
Brandon	Cocke
Tyler	Hechler
Rodrigo	Canteli
Gregory	Chisholm
David	Kinney
Nathan	Duke
Carter	
Adam	Rosenberg
wyatt	colvin
Zack	Carter
Jonathan Bruce	Tilts
Robert	Ham
Joshua	Street
seth	bauserman
Cody	Artiglia

Division IV Travel Boys					
Jimmy	Budd	Don	McClear		
Benjamin	O'Keefe	Connor McLear			
Erik	Kellogg	Grant Thompson			
Sean	Kellogg	Will Smythe			
Matthew	Dole	Josh Hadley-Goggin			
Christopher	Friedhoff	Michael Moolhuyzen			
Drew	McLaughlin	Patrick McReynolds			
Andrew	Stanford	Michael Maino			
Zachary	Wallace	Charlie Wilson			
Yuriy	Korol	Tyler Roszkowski			
		Alec Reihl			
Blake	McIver	Bryan	Bowles		
iesse	artiglia	Christopher	Bowles		
matthew	riccio	Matthew	Voss		
Matthew	Buckley	Zachary	Buchin		
Cary	Joseph	Nicholas (Nick)	Balog		
Jordan	Tatro	lan	Patterson		
Garrison	Smith	Quin	Kinser		
justin	fleming	Cory Webb	Glembot		
Alexander	Murphy	Travis	Searls		
Alex	Beaver	Quinn	Gomola Mullin		
Thomas	Lux	Britton	Cocke		
Bruce	Torrence	Bruce	Mason		
Robert	Torrence	Kyle	Tyson		
Samuel	Faggert	Travis	Borkey		
Corey	Walsh	Jeremy	Anderson		
Kevin	Walsh	Eli	Oates		
Thomas	Hurst	Christopher	Kunca		
Josh	Pagac	Reese	Mason		
	Sean	John	Cario		
Sam	Wallingford	Brandon	Hunt		
Henry	Townes	Garrett	Cox		
Kyle	Fulk	Daniel	Webster		

Coaches Contact Information

Coach Registration Type Coach	First Name Mike	Last Name Ambrogi	Email Address	Home Phone
Coach	Bryan	Bowles	Bryan_Bowles@dom.com	(804) 883-6767
Coach	Bob	Brown	bob.and.tracy@comcast.net	(804) 752-6672
Coach	Joel	Brusherd	brusherd@yahoo.com	(804) 449-6143
Coach	Jimmy	Budd	jimmyb@payerpath.com	(610) 291-4424
Coach	Carol	Cenname	Carol@17m2.com	(804) 550-2644
Assistant Coach	Henry	Donnini	hmdonnini@yahoo.com	(804) 730-4044
Coach	Paul	Doss	pauldoss@direcway.com	(804) 779-0499
Coach	Rob	Dull	robdull@yahoo.com	(804) 798-1736
Assistant Coach	Danette	Fulk	danijedx1@aol.com	
Coach	Scot	Henry	shenry926@aol.com	(804) 798-1480
Assistant Coach	Tom	Herbert	micheleandkids@yahoo.com	(804) 752-2103
Coach	Paul	Mack	Paul_J_Mack@aon.com	(804) 360-7980
Coach	Hill	Mallory	hillmallory@comcast.net	(804) 798-9165
Coach	Doug	McIlwaine	dmcilw9296@mindspring.com	(804) 798-1236
Assistant Coach	Patty	Michalak	patty@adamsmarketing.com	(804) 883-8988
Coach	Dwayne	Murphey	dmurphey@bbvirginia.com	(804) 798-6924
Assistant Coach	Bill	Nayda	bnayda@direcway.com	(804) 798-1644
			pordogne@hcps.us	
Coach	Peggy	Ordogne	peggyordogne@usa.com	(804) 730-1370
Coach	ramon	pardue	adidad2@aol.com	(804) 264-7860
Coach	Harrison	Powell	obxpatriot@yahoo.com	(804) 798-2851
Coach	Mike	Redden	mikeredde@aol.com	(804) 730-1487
Coach	sergio	sergi	sas23005@yahoo.com	(804) 798-8166
Coach	Scott	Simmons	rumor63@verizon.net	(804) 262-7206
Coach	Sevag	Sinanian	sssinanian@verizon.net	
Coach	Michael	Spence	miketspence@gmail.com	(804) 537-5257
Coach	donna	sportelli	donnasport@comcast.net	(804) 781-0545
Coach	Donna	Sportelli	donnasport@comcast.net	(804) 781-0545
Assistant Coach	chris	stramaglia	mstramaglia@comcast.net	(804) 559-2810
Assistant Coach	Patrick	Sweet	Imtsweet@yahoo.com	(804) 550-7189
Coach	Bruce	Torrence	btorrenc@mac.com	(804) 798-6832
Coach	Todd	Tyson	b.tyson@comcast.net	(804) 752-2377

INDOOR Soccer 2005/06, Sponsored by the AYSL

Code of Conduct

- 1. The Administrators and Team Officials must conduct themselves in such a manner as to set an example that if followed would enable every player to be a credit to the game.
- 2. Players may not bring soccer balls to the games. Players may warm up in the hallways just outside of the gyms, but they may not use a ball to do so.
- 3. Players and Spectators must enter and exit the New Gym the same way. No one is allowed to exit the gym by going into the lobby.

League Standings

- 4. Records of games will not be kept.
- 5. Records will not be kept for the sake of determining a champion or winning team.
- 6. It is important to remember that this is a recreational activity and that the purpose of the league is for enjoyment of the game and the promotion of soccer skills in game-like situations.

Clubs & Team Responsibilities

- 7. All teams wishing to play in the AYSL Indoor League must be duly registered with the League and must pay the prescribed fees.
- 8. A team may register and play up to ten (10) players. If more than 10 players are requested on a team, please contact the Indoor executive for approval. Teams may register colors by contacting the Indoor Soccer League administration. Not all requests will be honored. If the team does not have a designated color, then all players must wear white tee-shirts. Colored vests will be used to distinguish between teams.
- 9. A player can only play for one (1) team.
- 10. Lateral movement of players between teams in the same "age division" shall NOT be permitted.
- 11. A player must be in possession of all the documents required by the AYSL.

All teams must accept and play any player that the AYSL adds to the team. This is done to encourage fair play and to help build a soccer community.

- 12. If a player's name appears on the game sheet, then he/she is considered to have played in that game. Only the players and officials named on the game sheet shall be permitted to play and stay on the bench.
- 13. Number of players allowed on the playing field. Each team will play with a maximum of five (5) field players and one (1) goalie, for a total of, not more than, six-aside (6 players). These numbers may decrease as prescribed by the board and/or executive of the indoor soccer league.
- 14. The minimum number of players required on the field of play are four (4) for divisions III and above.
- 15. Teams are expected to play only the players that are on their rosters. If a change needs to be made, please contact the Indoor Coordinator and make any necessary arrangements. Please understand that not all requests may be honored, and only the requests that affect the least number of participants will be considered.

Team Colors and Uniform

- 16. All players must wear indoor shoes or tennis shoes: no black soles and no cleats. Every player must wear shin guards and socks that cover the shin guards. If the team has not registered a color, the players must wear white tee-shirts. Colored vests will be used to distinguish between teams.
- 16.1.1.Players who wear glasses must use athletic sports goggles (metal frames are not permitted).
- 16.1.2. Players should wear white tee-shirts to each game. Colored practice vests will be provided to distinguish teams.
- 16.1.3. Teams that wish to register their own colors must contact the AYSL coordinator and receive prior approval before dressing in any color other than white.

League Structure

17. The age divisions will be provided for each major and minor age group as per AYSL rules provided that the number of teams registered will support the division. A minimum of 3 teams will constitute a division.

Rules of the Game, League and Cup Competition.

18. Length of games and game times will be determined by the Indoor Soccer League administration. No additional time will be awarded for games that start late. For all involved, please respect the times and be prompt to all games.

- 18.1.1.Division V. Games will consist of two 20 minute halfs. No half time. At the half mark, teams will switch sides and resume play. Teams play with 5 field players and 1 goalie.
- 18.1.2.Divisions III and IV. Games will consist of two 18 minute halfs seperated by a 1 minute half time. Teams switch sides at the half mark. Teams play with 5 field players and 1 goalie.
- 18.1.2.1.1. Division III only. No player may play in the goal for more than $\frac{1}{2}$ of the game.
- 18.1.3.Divisions I and II. Games will consist of four 8 minute quarters, seperated by 1 minute periods. Teams switch sides between the second and third quarter only. Teams play with 4 field players.
- 18.1.3.1.1. Division II only. Teams play with a keeper (in addition to the 4 field players). The goalie may only play for one quarter per game.
- **19.** All games must start promptly and not later than five minutes after the scheduled kick off time. No further grace period will be given to a late arriving team. **All games that start late will end at their scheduled times.**
- 20. The visiting team kicks off. The ball may be kicked in any direction, forward, backward or sideways to start the game. A goal may be scored from the kickoff, exept in divisions I and II. The visiting team is listed second on the schedule.
- 21. The ball must stay within the boundaries to be considered playable. There will be no wall play, with the exception of division II. In division II, players may play the bleachers marking one of the sidelines.
- 22. If the game is tied after the full game is played, then the score will remain as stands.

<u>Substitutions</u>

- 23. Teams can substitute on the "fly" at all times including the goalkeeper for whom the referee must be notified. Play will only be held up for substitution at restart because of an injury.
- 24. The referee may stop the time at his/her discretion otherwise the clock will be running at all times.

25. Player leaving the field of play must be within the touchline nearest to his/her bench area. Failing to do so will result in "too many players" on the field and a minor penalty of two minutes will be given to the incoming player. All players must enter and exit from their bench area. The player being substituted for must be out of the field of play before the new player may enter the game. Failure to observe this rule may result in a 1 minute penalty for which the team will have to play down a player.

Ball Size

26. The League shall provide the match ball which will be properly inflated and conform to the stipulated: SIZE 3 futsal for U-11, SIZE 4 futsal for all other divisions.

Ball out of play

- **27.** The ball is out of play when:
- 27.1.1.1. it hits the wall above the bleachers or hits the top side of the bleachers.
- 27.1.1.2. it hits the lights or any part of the ceiling.
- 27.1.1.3. it completely crosses the endline of either goal.
- 27.1.1.4. it stops or slows down next to the side exit doors.
- 27.1.1.5. any time the referee determines that it is in a dangerous position and is best left up to a restart.
- 27.1.1.6. It crosses the sidelines as per FIFA regulations.
- 28. Restarts. In Divisions I and II, all restarts are indirect. In Divisions III and above, restarts will follow FIFA standards with the following exceptions.
- 28.1.1.1. At the side lines- kicked in by the opponents of the player who last touched the ball
- 28.1.1.2. at a corner- kicked in by the attacking team. Teams may score from a corner kick, except in divisions I and II.
- 28.1.1.3. at a goal kick- by placing the ball on the ground within the goal area and kicked into the field of play by the defending team. The ball must be played into the defensive half before it may cross the half line.
- 28.1.1.4. Goalies may not punt the ball. The goalie must distribute the ball to a player on his own half either by throw on ground pass. The goalie may not send the ball past his own half.

- 29. There will be no offside or three-line rule.
- 30. More rules will be posted for divisions IV and V as the season progresses. Understand that the futsal experience should be unique. These new rules will be used to enhance the level of play and add excited opportunities for the children to learn and develop problem-solving skills.

Fouls & Misconduct

- 31. The rules of fouls and misconduct are the same as Outdoor penal offences and technical offences but with one additional change. SLIDE TACKLES ARE NOT ALLOWED.
- 32. If a player receives two (2) caution (yellow) cards in a game it will be equal to an ejection (red) card and the player will immediately retire from the team bench and be subject to an automatic game suspension from the next league game. Teams will play shorthanded for a duration of five (5) minutes for this penalty.
- 33. There will be no wall play, with the exeption of division II, where players may play the bleachers that outline one of the sidelines.
- 34. Any indirect free kick awarded to the attacking team occurring inside the penalty area will be taken from any point on the line of the penalty area. Penalty kicks will be taken from the foul line.
- 35. Referees may assess a two-minute penalty for an offence, a caution (yellow) card, or both. Teams will play short handed for the duration of the penalty time issued.
- 36. If in the opinion of the referee an offence committed in the penalty area is serious, the referee may award a penalty kick PLUS a two minute or five minute penalty.

Penalties

- 37. Penalty times are awarded in the following manner:
- 37.1.1.Referee discretion two minutes
- 37.1.2.Caution (yellow card) two minutes Ejection (second yellow card) five minutes Ejection (red card) five minutes.

- 38. Only two players from each team can be serving penalties at any one time. Any others must continue to play until the team's first penalty expires, then this player must retire to the penalty box.
- 39. In the case of an ejection that causes the team to have less than the minimum number of players on the field, the penalized team will forfeit the game and the opposing team will be awarded the game by a score of 3-0.
- 40. Offsetting major penalties will require that both teams play shorthanded for the duration of the penalty time.
- 41. A penalty schot will be awarded for kicking, tripping, pushing, and handling in the goal box.

Delay of the game

- 42. If in the opinion of the referee a player is deliberately delaying the game, the referee may award a caution (two minute penalty) for: taking more than six (6) seconds to put the ball back into play from a free kick or for failing to respect the required distance (10 feet) from the ball on a free kick.
- 43. Another player on the field of play may serve a time penalty for a goalkeeper. The time penalty does not expire if a goal is scored.
- 44. In the event of an "ejection/dismissal" an alternate player may not serve time in the penalty box. The penalized team will play shorthanded for the duration of the time penalty (five minutes).

Bench

- 45. Anyone who leaves the team bench and enters the field of play during an altercation will receive an automatic caution (two minutes or more) at the referee's discretion. Only registered team players and officials (coach, asst. coach, and manager) are allowed on the team benches but their names must be recorded on the game sheet.
- **46.** Spitting is not permitted at any time.

Discipline

47. All discipline matters will be dealt with in accordance with the AYSL rules and regulations. Ex. First red card- one game suspension, second red card – two game suspension etc.

Postponements and rescheduling

- 48. Coaches and team officials are not permitted to postpone or reschedule any games under the jurisdiction of the AYSL.
- 49. It is the League's general policy to adhere to the schedule as printed.
- 50. ONLY the Indoor Soccer League Coordinator will reschedule games due to unforeseen cancellations or other serious matters.

Dropouts

51. Should any team drop out of the League, all games played by that team shall be declared null and void in the League standings.

Protests, Disputes and appeals

52. No protests will be accepted. All complaints, comments, and requests must be forwarded to or addressed to the Indoor Coordinator. However, for the sake of the children, we ask that negative remarks remain unspoken unless they will be beneficial to every child in the league. Game play is suppose to be fun. Let's keep it that way.

Referees

- 53. The Referee Coordinator shall appoint referees in all games. If no qualified referee is available to officiate a game, the game has to be postponed unless both coaches agree and sign the game sheet indicating their consent for some other person to officiate. Teams agreeing on another person refereeing their game shall not be allowed to protest against such person.
- 54. Referees shall be suitably attired. Referees shall meet the minimum cerifications required by Recreational League Standards as noted by the Ashland Youth Soccer League.
- 55. Referees shall keep a record of the game, time, score and goal scorers.
- 56. The referee in writing to the Indoor Coordinator shall report any action detrimental to the game.

Serious Misconduct

57. Violence of any nature does not have a place in soccer. The AYSL Indoor League Executive will adopt a zero tolerance attitude.

58. Any game not completed due to an occurrence of any type of serious misconduct such as violent conduct, fighting, assaults or spectator problems may lead to the guilty team being removed from the league for the rest of the season.

Other Matters

- 59. Any situation not covered by the AYSL rules or Indoor League rules may be discussed and ruled upon by the Indoor Executive committee and shall be decided as per the Constitution of the Association.
- 60. The foregoing rules and regulations may be changed at any time by a majority vote of the Indoor League Executive or by AYSL board members.